

HORARIOS | ORDUTEGIAK



makaser
taekwondo

**Sala FITNESS y MUSCULACIÓN
FITNESS eta MUSCULAZIO gela**

Lunes a viernes
Astelehenetik-ostiralera

8:00 – 22:00

Sábado | Larunbata

9:00 – 14:00

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
PILATES 09:30 – 10:30	CYCLING VIRTUAL 09:30 – 10:30	PILATES 09:30 – 10:30	CYCLING VIRTUAL 09:30 – 10:30	CYCLING 9:45 – 10:45
CYCLING 9:45 – 10:45	JUST PUMP 09:30 – 10:30	CYCLING 9:45 – 10:45	JUST PUMP 09:30 – 10:30	PILATES 10:00 – 11:00
PILATES 10:30 – 11:30	ZUMBA 10:30 – 11:30	PILATES 10:30 – 11:30	ZUMBA 10:30 – 11:30	
CYCLING VIRTUAL 14:00 – 15:00		CYCLING VIRTUAL 14:00 – 15:00		CYCLING VIRTUAL 14:00 – 15:00
PILATES 14:00 – 15:00		PILATES 14:00 – 15:00		
	URBAN DANCE 16:30 – 17:30		URBAN DANCE 16:30 – 17:30	
CARDIO BOX 17:30 – 18:30	TAEKWONDO INFANTIL 17:30 – 18:30	CARDIO BOX 17:30 – 18:30	TAEKWONDO INFANTIL 17:30 – 18:30	TAEKWONDO INFANTIL 17:30 – 18:30
TAEKWONDO INFANTIL 17:30 – 18:30	URBAN DANCE 17:30 – 18:30	TAEKWONDO INFANTIL 17:30 – 18:30	URBAN DANCE 17:30 – 18:30	
CYCLING 18:30 – 19:30	CYCLING VIRTUAL 18:30 – 19:30	CYCLING 18:30 – 19:30	CYCLING VIRTUAL 18:30 – 19:30	CYCLING VIRTUAL 18:30 – 19:30
TAEKWONDO INFANTIL 18:30 – 19:30	TAEKWONDO INFANTIL 18:30 – 19:30	TAEKWONDO INFANTIL 18:30 – 19:30	TAEKWONDO INFANTIL 18:30 – 19:30	TAEKWONDO INFANTIL 18:30 – 19:30
ZUMBA 18:30 – 19:30	JUST PUMP 18:30 – 19:30	ZUMBA 18:30 – 19:30	JUST PUMP 18:30 – 19:30	
CYCLING VIRTUAL 19:30 – 20:30	CYCLING VIRTUAL 19:30 – 20:30	CYCLING VIRTUAL 19:30 – 20:30	CYCLING VIRTUAL 19:30 – 20:30	TAEKWONDO ADULTOS 19:30 – 20:30
JUST PUMP 19:30 – 20:30	PILATES 19:30 – 20:30	JUST PUMP 19:30 – 20:30	PILATES 19:30 – 20:30	
TAEKWONDO ADULTOS 19:30 – 20:30	ZUMBA 19:30 – 20:30	TAEKWONDO ADULTOS 19:30 – 20:30	ZUMBA 19:30 – 20:30	
BAILES CARIBEÑOS 20:30 – 21:30		BAILES CARIBEÑOS 20:30 – 21:30		
CYCLING VIRTUAL 20:30 – 21:30	CYCLING VIRTUAL 20:30 – 21:30	CYCLING VIRTUAL 20:30 – 21:30	CYCLING VIRTUAL 20:30 – 21:30	CYCLING VIRTUAL 20:30 – 21:30
TAEKWONDO ADULTOS 20:30 – 21:30	YOGA 20:30 – 21:30	TAEKWONDO ADULTOS 20:30 – 21:30	YOGA 20:30 – 21:30	TAEKWONDO ADULTOS 20:30 – 21:30