



## HORARIOS | ORDUTEGIAK

**makaser**  
taekwondo

Sala FITNESS y MUSCULACIÓN  
FITNESS eta MUSCULAZIO gela

Lunes a viernes  
Astelehenetik-ostiralera

8:00 - 22:00

Sábado | Larunbata

9:00 - 14:00

		Lunes	Martes	Miércoles	Jueves	Viernes
Mañana	09:30	PILATES	JUST PUMP	PILATES	JUST PUMP	
	09:45	CYCLING		CYCLING		CYCLING
	10:30	PILATES		PILATES		PILATES (10:00)
	14:00	CYCLING VIRTUAL		CYCLING VIRTUAL		CYCLING VIRTUAL
		PILATES		PILATES		
Tarde	16:30		URBAN DANCE		URBAN DANCE	
	17:30	URBAN DANCE	URBAN DANCE	URBAN DANCE	URBAN DANCE	
		TAEKWONDO INFANTIL	TAEKWONDO INFANTIL	TAEKWONDO INFANTIL	TAEKWONDO INFANTIL	TAEKWONDO INFANTIL
	18:30	CYCLING	CYCLING VIRTUAL	CYCLING	CYCLING VIRTUAL	CYCLING VIRTUAL
		ZUMBA	URBAN DANCE	ZUMBA	URBAN DANCE	
		TAEKWONDO INFANTIL	TAEKWONDO INFANTIL	TAEKWONDO INFANTIL	TAEKWONDO INFANTIL	TAEKWONDO INFANTIL
	19:30	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	
		JUST PUMP	JUST PUMP	JUST PUMP	JUST PUMP	
		TAEKWONDO ADULTOS	PILATES	TAEKWONDO ADULTOS	PILATES	TAEKWONDO ADULTOS
	20:30	TAEKWONDO ADULTOS	YOGA	TAEKWONDO ADULTOS	YOGA	TAEKWONDO ADULTOS
	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	
	BAILES CARIBEÑOS		BAILES CARIBEÑOS			