



태권도

HORARIOS | ORDUTEGIAK

makaser
taekwondo

**Sala FITNESS y MUSCULACIÓN
FITNESS eta MUSCULAZIO gela**

Lunes a viernes
Astelehenetik-ostiralera

8:00 - 22:00

Sábado | Larunbata

9:00 - 14:00

	Lunes	Martes	Miércoles	Jueves	Viernes
Mañana	CYCLING 9:45 - 10:45	JUST PUMP 09:30 - 10:30	CYCLING 9:45 - 10:45	JUST PUMP 09:30 - 10:30	CYCLING 9:45 - 10:45
	PILATES 10:00 - 11:00		PILATES 10:00 - 11:00		PILATES 10:00 - 11:00
	CYCLING VIRTUAL 14:00 - 15:00		CYCLING VIRTUAL 14:00 - 15:00		CYCLING VIRTUAL 14:00 - 15:00
Tarde	TAEKWONDO INFANTIL 17:30 - 18:30	TAEKWONDO INFANTIL 17:30 - 18:30	TAEKWONDO INFANTIL 17:30 - 18:30	TAEKWONDO INFANTIL 17:30 - 18:30	TAEKWONDO INFANTIL 17:30 - 18:30
	CYCLING 18:30 - 19:30	URBAN DANCE KIDS 17:30 - 18:30	CYCLING 18:30 - 19:30	URBAN DANCE KIDS 17:30 - 18:30	CYCLING 18:00 - 19:00
	TAEKWONDO INFANTIL 18:30 - 19:30	CYCLING VIRTUAL 18:30 - 19:30	TAEKWONDO INFANTIL 18:30 - 19:30	CYCLING VIRTUAL 18:30 - 19:30	
	ZUMBA 18:30 - 19:30	JUST PUMP 18:30 - 19:30	ZUMBA 18:30 - 19:30	JUST PUMP 18:30 - 19:30	
	CYCLING 19:30 - 20:30	TAEKWONDO INFANTIL 18:30 - 19:30	CYCLING 19:30 - 20:30	TAEKWONDO INFANTIL 18:30 - 19:30	TAEKWONDO INFANTIL 18:30 - 19:30
	JUST PUMP 19:30 - 20:30	CYCLING VIRTUAL 19:30 - 20:30	JUST PUMP 19:30 - 20:30	CYCLING VIRTUAL 19:30 - 20:30	TAEKWONDO ADULTOS 19:30 - 20:30
	TAEKWONDO ADULTOS 19:30 - 20:30	HIIT 19:30 - 20:30	TAEKWONDO ADULTOS 19:30 - 20:30	HIIT 19:30 - 20:30	
	BAILES CARIBEÑOS 20:30 - 21:30	PILATES 19:30 - 20:30	BAILES CARIBEÑOS 20:30 - 21:30	PILATES 19:30 - 20:30	
	CYCLING VIRTUAL 20:30 - 21:30	YOGA 20:00 - 21:00	CYCLING VIRTUAL 20:30 - 21:30	YOGA 20:00 - 21:00	
	TAEKWONDO COMPETICIÓN 20:30 - 21:30	CYCLING VIRTUAL 20:30 - 21:30	TAEKWONDO COMPETICIÓN 20:30 - 21:30	CYCLING VIRTUAL 20:30 - 21:30	
	TAICHÍ 20:30 - 21:30		TAICHÍ 20:30 - 21:30		